

Ayadina Association December 2020 Newsletter

Dearest Friends and Supporters,

We hope you have all spent a safe and joyous holiday season.

We are looking forward to a new year that will hopefully bring along good health, safety, and fruitful endeavors.

Despite the difficult circumstances, we enjoyed the cheerful spirit of the holiday season, while always abiding by necessary safety measures.

Here are some glimpses of our activities.

Ongoing Soup Kitchen Project

We started the month by celebrating Berbara, our Lebanese version of Halloween that takes place in the first week of December and is a celebration of Saint Barbara. Our Soup Kitchen team prepared traditional desserts that are usually served on this occasion. Yummy!



In celebration of Christmas, we received a donation of deliciously beautiful Christmas cookies that were distributed to our seniors along with the weekly hot meal. Each one of the seniors also received a donation of hygiene items, particularly prepared in light of the increasing number of COVID-positive cases at this time.



Celebrating Barbara with the Children

Seeing as this year we did not have the chance to see our students in their cute costumes at our center, we asked them to share pictures! We were delighted to see them being creative in their outfits and to see the joy in their eyes! Here is one of our most talented ballerinas, Maria, in her quirky costume, showcasing her impressive flexibility.



Competition Winners

One of our favorite activities in December was the mothers' competition. In November, we invited the mothers of our students to write about their daily lives amid the COVID19 pandemic and everything else that came along with it.

We were so pleasantly surprised with the beautiful writings of the mothers who spoke about their daily challenges, joys, worries, and aspirations in such transparency that moved us so profoundly.

We invited the winners to our center to meet with our president Mrs. Maya Najjar, to have a cup of coffee and to receive their prizes.

We were also very proud when Mr. Henri Zgheib wrote an article about the competition and published the writings of the winners of the first and second prize.

Here is the link to the article: <https://www.lebanontab.com/80841/>



Himaya Sessions

The psychosocial intervention sessions with Himaya continued in December, with some wonderful results! We truly enjoyed having some music at our center again, and seeing our students with their instruments, doing what they enjoy doing the most!

Himaya also distributed at-home PSS kits for the students attending the sessions. These kits encourage the whole family to learn about several important topics, such as sexual harassment, bullying, personal hygiene, etc...



Donation Opportunities

In light of the ongoing financial crisis in Lebanon, we wish to remind our dear friends that Ayadina is always in need of your donations. A mere 50USD can keep a family fed for a whole month. Without your support, we will not be able to resume our other activities. More than ever, our students and parents need art therapy and psychosocial intervention in their lives. We would not be able to fulfill our mission without your generous support. We sincerely believe in Ayadina's role in helping these children heal.

Below is a link where you can donate:

Just Help: <https://www.just-help.org/c/ayadina>

You can also visit our website in order to make a direct donation to our bank account in Lebanon:

<https://www.ayadinaassociation.org/support-ayadina/>

For further information about how to support Ayadina's Soup Kitchen Project or the Arts Education Program, please do not hesitate to contact us either via email (info@ayadinaassociation.org) or on the phone (+9611266611).



Our Social Media Platforms

Have you followed us on social media yet? If not, we invite you to do so!

Here are the links below:

