

## Ayadina Association

### July 2020 Newsletter

WE ARE BACK with a new edition of our newsletter, covering what we have been up to for the past few months.

In light of all that has been going on in the country and around the world, we decided to switch gears!

Here's an update on all of our activities:

#### Distribution of Food Parcels, Hygiene Kits & Medication

Amid the confinement and the terrible economic crisis that the country is drowning in, we were not about to abandon our seniors. Many of those seniors live alone or with a few family members, many of whom lost their jobs recently.

We launched a funding campaign to purchase food parcels and other necessities, to keep our seniors well-fed and healthy.



## Relaunching of Soup Kitchen for Seniors

Following a few months of distributing food parcels, we decided to launch a soup kitchen for our seniors.

Every week, we are opening our doors for the seniors, offering them takeaway hot meals, including a salad and a dessert. Some of them live with other family members, who also rely on these take away meals to survive. This process is being handled in a manner observant of social distancing, where their safety is paramount. While in the past, they used to socialize and connect at our premises, we now had to discontinue this aspect until the situation allows.

To support our organization with this Initiative we have called "food aid for seniors", you can do the following:

- 1- You can donate money
- 2- You can donate food ingredients to be cooked in our kitchen
- 3- You can donate cooked, ready to serve, meals
- 4- You can join our team of cooks in our kitchen

For further information, please send us a private message or call us on 81/859415.



## Online AEP Participation

As we were obliged to temporarily shut down our Arts Education Program, we also did not wish to turn our backs on our awesome students.

We encouraged them to continue practicing their artistic skills at home and to share photos and videos with us as often as possible.

From our side, we always share these videos and photos on our [social media](#). We always feel very proud of all the positive feedback we receive from people who are so impressed with what they see!

As for the relaunch of our program, we are hoping to welcome back our students and teachers in September, but we still have to await a clear decision from the Ministry of Health and the Ministry of Education, as to whether students are allowed to work together in one class.

In the meantime, we continue to encourage our students to work on their artistic skills until they come back to Ayadina!





## Parenting Workshop with Himaya

Of course, we have not forgotten about our dear parents, who are going through a difficult time in light of the situation in the country.

We decided to collaborate with [Himaya](#) who are offering a group of our parents a parenting workshop that will last a few weeks. The themes of the workshop include awareness about child rights, issues of early marriage and motherhood, acceptance of other people (diversity), controlling one's stress amid all the crises, etc...

